

Dear Friend,

My name is Julia, and my life is full and meaningful.

But it wasn't always that way. Growing up, I often felt invisible and alone. By the time I was an adult, I had been through too many experiences that left me discouraged and afraid to trust. That's why, when I first came to L'Arche, I called it my "last hope."

And from the very first day at L'Arche Comox Valley, everything felt different. For the first time outside of my family, I felt love, safety, and a real sense of belonging. I've also stepped into advocacy. After a bad fall, I spoke at Comox council about the need for safer sidewalks for people with vision loss. It was out of my comfort zone to speak, but I didn't want anyone else to go through what I did.

And I'm dreaming bigger. I want to keep sharing my story, create an online advocacy platform for people with diverse abilities, and one day turn my volunteer role at the thrift store into a paid job. Most of all, I want to keep being a voice for change in my community.

I'm so grateful to my mom and dad, and to my L'Arche family who show me love every day. But I'm also grateful to you, because your generosity makes it possible for me to not only heal, but to dream about the future.

My motto is "Be kind to everyone, because you never know what they're going through."

With hope for the future,

Julia



Photo by Comox Valley Record

Go snowboarding this winter

Get a job
at the local
thrift store



JULIA'S DREAM BOARD

Move into my
own place in
L'Arche



Be a voice for
change in my
community



Continue to be an advocate for
people with disabilities

Create an online
platform for
people with
diverse abilities



fondation
L'ARCHE
canada
foundation